



Republic of the Philippines
Department of Education
 REGION VIII
 SCHOOL DIVISION OFFICE - CALBAYOG CITY

JANUARY 30, 2025

INTERNAL MEMORANDUM

No. 23 s. 2025

CATCH UP THURSDAYS, FRIDAYS AND SATURDAYS IN SPORTS (CuTFSB)

- TO: Assistant Schools Division Superintendent
 Chief Education Supervisor (CID & SCID)
 District Adviser
 Public Schools District Supervisors
 District Sports Coordinators
 Public & Private Elementary and Secondary School Heads
 All Others Concerned

1. In accordance with Executive Order No. 64 dated March 01, 1993, re: *Adopting the National Policy and Program of "Sports For All" by all concerned government agencies based on the Sports Covenant forged during the 1st Philippine Sports Summit '92 held in Baguio City*, this Office through the School Governance and Operations Division (SGOD) hereby directs all schools on the implementation of **Catch-Up Thursdays, Fridays and Saturdays in Sports**.

2. The activity aims to develop strength, endurance, flexibility, and coordination among student-athletes, leading to enhanced performance for the division in the Eastern Visayas Regional Athletic Association (EVRAA) Meet and other higher-level sporting events.

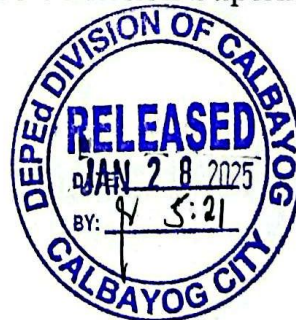
3. Catch-Up Thursdays, Fridays and Saturdays shall commence on January 30 in the following schedules:

Thursdays	5 a.m. to 5 p.m.
Fridays	5 a.m. to 5 p.m.
Saturdays	5 a.m. to 5 p.m.

4. This must be participated by all student-athletes and their respective teacher-coaches, assistant coaches, and chaperones who shall compete in the 2025 EVRAA Meet. However, all teacher-coaches must submit their Learning Intervention Plans to their respective School Heads to avoid learning loss.

5. All student-athletes and teacher-coaches, asst. coaches, and chaperones involved in the CuTFSS shall be excused from their respective classes. Moreover, teachers handling CuTFSS shall provide reading materials and activity sheets to catch-up the missed lessons.
6. Furthermore, all teacher-coaches shall require all student-athletes to submit signed parental consent from each athlete (see Enclosures).
7. Expenses incurred during the implementation of the said training program shall be charged against School MOOE and/or Other Local Funds of the concerned school where the athletes are officially enrolled, and the teacher-coaches and assistant coaches are stationed that shall be subjected to the usual government accounting and auditing rules and regulations.
8. **Service Credits/CTO** shall be granted to the teacher-coaches, assistant coaches, and district/division monitors who will render services on days that fall on weekends and holidays as stipulated in DepED Order No. 67, s. 1988 and CSC Memo Circular No. 09, s. 1988.
9. Immediate dissemination of and compliance with this Memorandum are earnestly desired.


MARGARITO A. CADAYONA JR. PhD, CESO VI
OIC-Schools Division Superintendent



Enclosure: *Parental Consent*

To be indicated in the *Perpetual Index Under* the following subjects:

SGOD SPORTS DEVELOPMENT

Enclosure No. 1 of DM No. _____ s. 2024

PARENTAL CONSENT

_____ Date

I/We hereby willingly and voluntarily give consent on the participation of my/our son/daughter _____ in the Cath-Up Thursdays, Fridays, and Saturdays in Sports (CuFSS).

I have considered the benefits that my son/daughter will derive from his/her participation in this training program provided that due care and precautions will be observed to ensure the comfort and safety of my son/daughter and that DepED employees and personnel may not be held responsible for any untoward incident that may happen beyond their control.

Signature Over Printed Name of the Father

Signature Over Printed Name of the Mother

Signature Over Printed Name of the Guardian
Relationship to the Athlete: _____

Verified by:

Remarks:

School Head