



Republic of the Philippines
Department of Education
 REGION VIII
SCHOOLS DIVISION OF CALBAYOG CITY

October 10, 2024

DIVISION MEMORANDUM

No. 524, s. 2024

CATCH-UP FRIDAYS AND SATURDAYS IN SPORTS (CuFSS)

TO : Assistant Schools Division Superintendent
 Chief Education Supervisor (CID & SGOD)
 District Advisors
 Public Schools District Supervisors
 District Sports Coordinators
 Public & Private Elementary and Secondary School Heads
 All Others Concerned

1. In accordance with Executive Order No. 64 dated March 01, 1993, re: *Adopting the National Policy and Program of "Sports For All" by all concerned government agencies based on the Sports Covenant forged during the 1st Philippine Sports Summit '92 held in Baguio City*, this Office through the School Governance and Operations Division (SGOD) hereby directs all schools on the implementation of **Catch-Up Fridays and Saturdays in Sports**.

2. The activity aims to develop strength, endurance, flexibility, and coordination among student athletes leading to improvement of the division's performance in the Eastern Visayas Regional Athletic Association (EVRAA) Meet and other higher sporting meets/events.

3. Catch-Up Fridays and Saturdays shall commence right after the conduct of School Meet. This shall be done in the following schedules:

Fridays	3 p.m. to 5 p.m. <i>(within the school premises ONLY)</i>
Saturdays	6 a.m. to 8 a.m. / 3 p.m. to 5 p.m. <i>(within or outside the school premises)</i>

4. This must be participated by all the winning student-athletes and their respective teacher-coaches and assistant coaches who shall compete in the higher sporting meets/events. However, all other interested students may participate with the endorsement from their class adviser considering their academic performance.




5. All school heads are directed to submit to this Office through the Division Sports Officer, who shall facilitate its approval, the accomplished **Catch-Up Fridays and Saturdays Training Matrix** prepared by their respective coaches. Therefore, **NO DULY APPROVED TRAINING MATRIX would equate to NO IMPLEMENTATION**. See attached Enclosure 1 for the training matrix template.

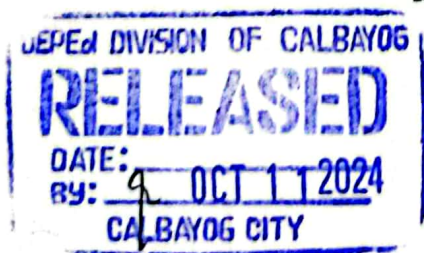
6. Aside from the accomplished training matrix, the school heads shall also submit to this Office the official list of the participants (student-athletes, teacher-coaches, and assistant coaches) of the said training together with the signed parental consent from each athlete (see Enclosures 2 and 3 for the templates).

7. Expenses incurred during the implementation of the said training program shall be charged against School MOOE and/or Other Local Funds of the concerned school where the athletes are officially enrolled, and the teacher-coaches and assistant coaches are stationed that shall be subjected to the usual government accounting and auditing rules and regulations.

8. **Service Credits/CTO** shall be granted to the teacher-coaches, assistant coaches, and district/division monitors who will render services on days that fall on weekends and holidays as stipulated in DepED Order No. 67, s. 1988 and CSC Memo Circular No. 09, s. 1988.

9. Immediate dissemination of and compliance with this Memorandum are earnestly desired.


MARGARITO A. CADAYONA JR. PhD, CESO VI
OIC-Schools Division Superintendent



Enclosure: *Training Matrix Template, Official List of Participants, Parental Consent*
To be indicated in the **Perpetual Index Under** the following subjects:
SGOD SPORTS DEVELOPMENT



Enclosure No. 3 of DM No _____, s. 2024

PARENTAL CONSENT

Date

I/We hereby willingly and voluntarily give consent on the participation of my/our son/daughter _____ in the Cath-Up Fridays and Saturdays in Sports (CuFSS).

I have considered the benefits that my son/daughter will derive from his/her participation in this training program provided that due care and precautions will be observed to ensure the comfort and safety of my son/daughter and that DepED employees and personnel may not be held responsible for any untoward incident that may happen beyond their control.

Signature Over Printed Name of the Father

Signature Over Printed Name of the Mother

Signature Over Printed Name of the Guardian
Relationship to the Athlete: _____

Verified by:

Remarks:

School Head



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