



The SUPERSONICS BUZZ

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Mess Hall Beauties delight EVRAA 2023

by Bernie Abing

Organized. Affable. Sedulous.

Characters that best describe our mess hall beauties composing of school administrators who are humbly serving the Calbayog City Athletic Association (CCAA) Delegation from the commencement up to the conclusion of this year's Eastern Visayas Regional Athletic Association (EVRAA) Meet hosted by Leyte Division with Tacloban as its co-host, April 23-27.

Mr. Blesildo Orquin being the captain of the ship and with his associates Mrs. Sara B. Demit, Mrs. Cynthia D. Pagatpat, Mrs. Maria Rose Ibajo, Mrs. Janice B. Jose, Mrs. Alma Rojas, Mrs. Ma. Liza T. San Pedro, Mrs. Emmalyn Tan, Mr.

Wilfredo Tozon, and Mr. Nelson A. Managaysay has exemplarily upheld their mantra, "We Will Not Mess".

These Mess Hall Beauties have been serving the delegation at the onset of the 10-day CCAA Concentration Training held at Oquendo Central Elementary School and Oquendo National High School last April 9-19, 2023. These people set aside their positions in the service of the delegation officials, coaches, and athletes who are chiselling their skills in their respective sports categories to bring pride and honor to the city comes EVRAA 2023.

"I am exhilarated seeing the improvement of the athletes' behavior from Concentration Training to EVRAA. This is a good manifestation of the values we would like to inculcate to our young athletes", Mr. Orquin said.

Uplifted with the positive feedback, Mess Hall Beauties will always be ready to serve better for the good of CCAA Delegation. Hence, the conclusion of EVRAA 2023 does not signal the end of their service but rather the beginning of a more thriving EVRAA years to come.



Supersonics Arnis Elementary Girls Team maintains EVRAA dominance with the Gold Medal

by Samuel L. Repelente

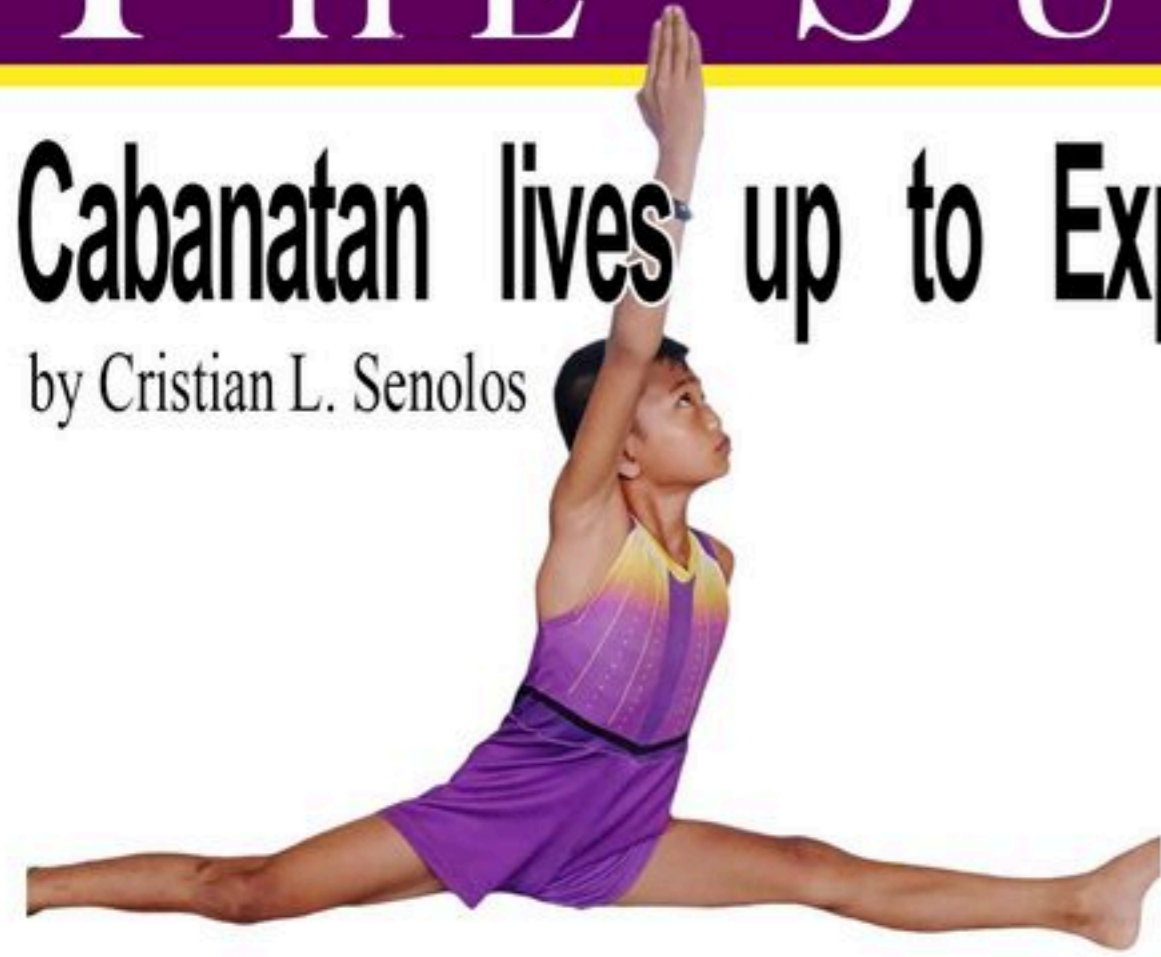
Exemplifying their artistic arnis movements unique to their styles Jhea Tocayon, Jasmin Divine Gulbe & Shaunie Mowen Tocayon of Calbayog Supersonics secured their Gold Medal with a nearly perfect score of 9.800 in Arnis Elementary Girls, Synchronized Single

Weapon Category. They also bagged two silver medals in the Synchronized Double Weapon Category and Synchronized Espada Y Daga Category.



Cabanatan lives up to Expectations, qualifies Palarong Pambansa in Gymnastics

by Cristian L. Senolos



Teddy Roger Cabanatan bagged the Supersonics three (3) silver medals in Men's Artistic Gymnastics - Elementary of the 2023 EVRAA Meet by landing 2nd places in Mushroom and Single Bar Apparatuses and Individual All-Around category before a good-sized crowd at Leyte National High School Gymnatorium.

Teddy Roger Flor Cabanatan is a Grade 5 pupil of Capoocan Elementary School who started to be a gymnast at 10 following the footsteps of his older brother Johnric Cabanatan, an EVRAA qualifier gymnast, too. At his young age, he was able to demonstrate the basic gymnastics skills

circles and an almost perfect dismount, scoring 8.170 next to PJ Boy P. Dighos of Ormoc City with 8.200.

The 12-year-old gymnast placed 2nd in the Single Bar with 9.340 following the same competitor PJ Boy P. Dighos of Ormoc City with 9.500.

By finishing within the top two of each of the apparatuses, Cabanatan has also qualified in the finals with 39.020 points in total, making him in contention for a sweep of the three (3) silver medals at stake in Men's Artistic Gymnastics.

Other medal-grabbers in Gymnastics are Kenji Ray M. Manadin, Lyka Mae Madamba, Zoe Hnedrick Dorian and Homer Torculas for Elementary and Margie T. Masloc, Daryl Quirap and Olemar Doros in Aerobic Dance Elementary and Secondary - Silver; Kenji Ray M. Manadin,

Lyka Mae Madamba, Zoe Hnedrick Dorian and Homer Torculas in Area Gymnastics Team Category - Bronze; Shekina A. Parayan in WAG - Bronze; Kenji Ray M. Manadin in Area Gymnastics Individual Men - Bronze; Kenji Ray M. Manadin and Lyka Mae Madamba in Area Gymnastics Mixed Pair - Bronze; Florentina Rabuya, Chiara Oguis and Rheana Mae Bustillo in WAG Team Category - Bronze; Jomar Lapara, Diego Lipon and Fritz Gilmar in MAG Team Category - Bronze; Margie T. Masloc and Daryl Quirap in Aero-gymnastics Mixed Pair - Bronze; Margie T. Masloc, Daryl Quirap and Olemar Doros in



Aero-Bronze.

gymnastics Trio Dance -

Supersonics dancesport bags 17 medals

ni Normel Galias

The Calbayog Supersonics dancesport team garnered 17 medals - 11 in the juvenile and six in junior categories during the Eastern Visayas Athletic Association (EVRAA) Meet 2023 Dance Sport Competition on April 26, 2023 at Robinson's North, Brgy. Abucay, Tacloban City.

Jared Emerick Bandal, Rion Xian Aguilar, Creizel Jane Pueblos, Gabrielle Lloyd Yman led the way in juvenile division after the pairs won four silver in Solo Dance Category E Modern Standard - slow waltz, viennesse waltz, slow foxtrot, quickstep and one bronze - tango and four bronze in Latin American - samba, rumba, paso doble and jive.

Erbien Dolenzo, Ferenz Oguis, Jazzel Rain Quadling, Maria Alina Casurao blazed a trail in junior division and set standard by winning five silver on Solo Dance Category E Modern Standard - slow waltz, tango, viennesse waltz, slow foxtrot and quickstep.

In Category A, the juvenile division took home one bronze and one silver medal in Latin

American. In modern standard, Junior won one silver.

In both the juvenile and junior divisions, all of the pairs advanced to the top six in every category.

Juvenile pairs are from Calbayog Pilot Central School with coach Mr. Eduardo C. Luna while junior pairs are from Calbayog City National High School with coach Mr. Arvin A. Julaton.

