



The SUPERSONICS BUZZ

THE OFFICIAL EVRAA NEWS GAZETTE OF SDO-CALBAYOG CITY

April 26, 2023 || Wednesday

Volume 1, Issue No. 4

Supersonics dashes EVRAA Meet 2023 Opening Program

by Carlo Doinog

Purple and Yellow's war cry echoed in the throng of thousands of athletes and coaches, Honorary Officials of Schools Divisions posse during the opening of the 2023 Eastern Visayas Regional Athletic Association (EVRAA) sports competition last April 25 at Leyte Sports Development Center, Tacloban City.

This is the response of Region VIII to the Department of Education's (DepEd) pronouncement on holding of 2023 Palarong Pambansa from July 29 to August 5, 2023, after a two-year hiatus of conducting the said sportsfest.

"We are from different delegations, but we will work together as one for Palarong Pambansa" said Tacloban Gov. Carlos Jericho Petilla, and emphasized that athletes should "Just have fun because that's what it's all about" he highlighted.

City Mayor Alfred Romualdez also sent out his inspirational message to the athletes and was thankful that despite all the circumstances, EVRAA 2023 is a success. "Let us dream big and aim high to bring the pride to Region 8" he added.

ASEC Francis Cesar B. Bringas painted excitement to the athletes as he posed "See you all in Palarong Pambansa 2023," such motivated everyone to look forward to another

exciting athletic battlefield.

All ears and eyes as the Keynote Speaker, Vice President of the Philippines and Secretary of Education Sara Duterte gave her message bearing challenge for the athletes to bring out the best display of sportsmanship among athletes and to develop the skills all the time.

During the hoisting of the delegation banner, supersonics' thunderous cheer echoed as the support for the regional sports joust can be heard from local chief executives led by Hon. Mayor Raymund C. Uy, Hon. Vice Mayor Rex Daguman, City Councilors and LGU Officials together with SDO-Calbayog City's Officials headed by OIC-Schools Division Superintendent Dr. Moises D. Labian Jr, Assistant Schools Division Superintendent Dr. Sherlita A. Palma, CID Chief Dr. Renato Cagomoc, Division Sports Officer Dr. Marilyn S. Tahil, Education Program Supervisors and Public Schools District Supervisors and all the delegations present during the ceremony.

Dr. Evelyn F. Fetalvero, CESO III, Regional Director, formally declared the opening of EVRAA Meet 2023. She stressed the true meaning of the said event and how it will mold the future of the students. "Athletics is not just about winning but about obtaining life skills" she added.



2023 EVRAA: MEDAL TALLY

Elementary					
EVENT	NAME OF ATHLETE	NAME OF COACH	GOLD	SILVER	BRONZE
50-m Butterfly	Grazilda Gallano	Mary Meldred S. Normor			✓
100 m - Freestyle	Grazilda Gallano	Mary Meldred S. Normor			✓
MAG - Floor Exercise	Jhon Carlo Sustitudo	Leah Labonite		✓	
MAG - Mushroom	Teddy Roger Cabanatan	Leah Labonite		✓	
MAG - Vault	Jhon Carlo Sustitudo	Leah Labonite		✓	
MAG - Single Bar (C1)	Jhon Carlo Sustitudo	Leah Labonite		✓	
MAG - Single Bar (C2)	Teddy Roger Cabanatan	Leah Labonite		✓	
MAG - Indiv. All Around	Teddy Roger Cabanatan	Leah Labonite		✓	
WAG	Shekinah A. Pasayon	Jan Cyril T. Magbanua			✓
Aero Gymnastics - Individual Men Category	Kenji Roy M. Menodin	Jelyn L. Madamba			✓
Taekwondo- Poomsae Category A	Kendra Ajos				✓
Taekwondo- Poomsae Category B	Keona Manalo	Ma. Lourdes Tangaran	✓		
Team Poomsae Girls	Kendra Ajos Keona Manalo Kate Debuton			✓	
4x50m Freestyle Relay	Grazilda Gallano Trisha Mae Capales Sheina Genotiva Alexa Paula Ampoan	Mary Meldred S. Normor			✓
ARNIS - Single Weapon Category	Jhea Tocayon Jasmin Divine Guilbe Shaunie Mowen Tocayon	Rochelle M. Diyao	✓		
TOTAL			2	6	7

Secondary

EVENT	NAME OF ATHLETE	NAME OF COACH	GOLD	SILVER	BRONZE
MAG - Floor Exercise	Jomar Lapara	Reynaldo Coquilla	✓		
MAG - Mushroom	Jomar Lapara	Reynaldo Coquilla			✓
MAG - Vault	Jomar Lapara	Reynaldo Coquilla	✓		
BOXING - Junior Pin Weight	Kian Sambalilo	Laica Aguado			✓
BOXING - Light Fly	Albert Ortoguerro	Laica Aguado			✓
BOXING - Bantam Weight	Adrian Pajares	Laica Aguado			✓
WAG - Team Category	Florentina Lyn Rabuya Chiara Oguis Rheanna Mae Bustillo	Ma. Cristia Pampanga			✓
MAG - Team Category	Jomar Lapara Diego Lipon Fritz Gleamar Solis	Reynaldo Coquilla			✓
WRESTLING - 50 kgs. Cadets	Felix B. Badillo	Jessie Cantiga			✓
WRESTLING - 58 kgs. Junior	Rodyrick A. Matibo	Jessie Cantiga			✓
WRESTLING - 40 kgs. Cadets	Cyrel Venice Diaz				✓
WRESTLING - 44 kgs. Cadets	Berna Mae D. Casio	Joebert Cula			✓
WRESTLING - 48 kgs. Cadets	Merlyn P. Ybañez				✓
WRESTLING - 52 kgs. Junior	Angelyn M. Cantiga				✓
Taekwondo - Poomsae Category B	Evol Louise Millares	Regean Doropan	✓		
Taekwondo - Poomsae Category A	Marc Ivher Julaton	Eduardo Hibaya		✓	
Taekwondo - Poomsae Category B	Clifford Ray Coñejos				✓
TOTAL			3	1	13

Supersonics Volleybelles thrive over Samar Sparkers in straight sets

by Arturo Asoque

Defiant Calbayog Volleyball Girls sustained their aplomb notching 27-25, 25-21 blowing Samar Sparkers' fire as they remained unscathed while wresting a unified defense in a second match before a crowd at CEO, Tacloban City, April 25, 2023.

Calbayog Secondary Volleybelles turned a blind eye to 2-0 sets victory just to guard against their complacency which is their biggest enemy and rose 2 sets victory over their rival as they persistently brought the team to favorable win.

Showing her leadership, Ramos the captain ball making impressively pierced the opponent to finish with 19 points which made supersonics set the tone of the route reaching 21-18 that caused the opponent to call a first time out.

Ocenar with Jersey number 12, pulled the Samar Sparkers using her hard spikes hounded the team to inch the Supersonics until they tied a crucial score 24-24 but miscues offensively their defense as the Supersonics captain ball driving her offensive attacked reaching to 27-25 in the first set encounter.

'Golden Boy' Jomar Lapara notches 1st EVRAA 2 Gold Medals in Gymnastics by Cristian L. Senolos



Calbayognon gymnast Jomar Labonite Lapara seized the gold medals in floor exercise and vault apparatus dominating the 13 divisions, 30 competing individuals in Men's Artistic Gymnastics Secondary in Leyte National High School Gymnasium, Tacloban City, Tuesday.

Jomar L. Lapara is a Junior student from San

Policarpo National High School. He once won the 2019 Eastern Visayas Regional Athletic Association (EVRAA) Meet gold medal in MAG when he was a Grade 5 gymnast.

Attesting his prowess in gymnastics, Lapara topped the floor exercise, his first gold medal in MAG competition, where he scored the highest points 12.140 from the judges in nipping John Patrick B. Loreto of Baybay City, who settled for the silver with 12.040 points while Jomar Quindao of Leyte Division placed third with a total of 11.870.

Coming off a victory in vault apparatus, Lapara averaged 11.600 after gracing the gymnasium in awe with a breathtaking winning routine

Tsukuhara Back Tuck with a perfect landing that propelled him to the top prize, his second gold medal.

The 15-year-old gymnast increased his golden haul to three but landed second place in mushroom apparatus with 9.470 points following Arro Juang Estrada of Samar Division with 9.570 points.

With a total points of 105.7 in Team Category together with Diego M. Lipon and Fritz Glenmar B. Sulis, the Men's Artistic Gymnastics Secondary of Calbayog City delegation hailed as bronze medalists in the recently concluded events for gymnastics.

Supersonics Boxers snare bronze medals in Semi-Finals

Calbayog Supersonics Boxing Team secured its place as bronze medalists in Junior Boys Pin Weight, Light Fly, and Bantam categories in the semi-finals yesterday, April 25, 2023 at Pawing Gymnasium, Palo, Leyte.

Kian Sambalilo, a 15-year old boxer of Calbayog City, bested Tacloban and Biliran in Junior Boys Pin Weight Category with his excellent jabs, hooks, bobs and weaves, and counter punches resulting to walk-over and split decisions with 10,9 scores. In the semi-finals, Sambalilo was down for the count in his match against a herculean boxer from Ormoc City resulting to referee stops contest (RSC) verdict.

Releasing power jabs, uppercuts, hooks, and tricky pivoting, Albert Ortoguro outsmart

Tacloban City in Junior Boys Light Fly category last April 24, 2023. Ortoguro received a unanimous decision showing his excellent stances inside the ring as he fought the biggest battle of his life.

Junior Boys Bantam category was on Adrian Pajares' side as he won against Northern Samar during their fight in Pawing Gymnasium on April 24, 2023. Pajares got a unanimous decision from the judges with the score 10,9 on his first fight. Fate changed in the semi-finals, as Pajares caught unguarded with a powerful low blow from the Samar Sparkers boxer.

"My athletes fought a good fight. However, due to the strong and competitive boxers from other delegations, we did not make it to the top", coach Aguado said. by Bernie Abing

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"I just lead the team and apply what we have learned during our training," team captain uttered.

Supersonics errors' allowed the opponent to close the second set to an early advantage 10-13, but claw back to make fight and making put over back to the floor as the coach of supersonics Ms. Rufa called a time out leading the team to victory.

Samar Sparkers succumbed in a collision course and final loss as they lapsed their spikes into errors and shortened their defense that took the supersonics into advantage with their incessant tricky placing and releasing high accuracy spikes done by Ramos that crushed the opponent into trouble 25-21.

Exhilarated by cheers with the presence of the Division Superintendent Dr. Moise D. Labian Jr, together with the Division Sports Coordinator, Ma'am Marilyn S. Tahil, under the cloudy condition of the weather, the undivided union of the supersonics defense and offense and the unstoppable hard spikes of Ramos abridged their opponent's defiance.

"Inculcate among the athletes the spirit of discipline and character..." - VP Sara Duterte-Carpio

by Samuel Repele

"We Filipinos are resilient." This is how the current Vice President of the Philippines and Secretary of the Department Education described the citizens of the nation after enduring the aftermath of pandemic. "Let us uphold this value as we build a stronger country," she furthered.

In her keynote speech during the 2023 Eastern Visayas Regional Athletic Association (EVRAA) Meet opening ceremony, Leyte Sports Development Center, Tacloban City, April 25, through a canned video, Duterte underscored the significance of every athlete's potential and self-confidence in any sporting

event. "Inculcate among the athletes the spirit of discipline and character," added VP Sara as she put eminence on the personification of well-roundedness being the main reason of staging such activity.

"The resumption of 63rd edition of Palarong Pambansa to be held in Marikina City is a challenge to reach especially that each athlete is clamoring for this experience after years of cessation in any sports event. But she also reminded the athletes that EVRAA or any other sports competition is not only concentrated on harvesting medals, but on gaining acquaintances and prizing the lessons that can be gained from each one's exposure and experience.

She thanked the coaches, athletes, parents, officiating officials, delegation officials, and LGUs for bringing back the soul of EVRAA and inciting every athlete's passion to train and win. "Maraming Salamat po sa inyong lahat..." she uttered in recognizing each one's support and contribution to the success of EVRAA 2023.

The continued rise from cataclysm is a testament that Filipino can really withstand the tests of time. Duterte reiterated that this is not for one but for everyone as we are braving back every athlete's dream. She punctuated, "Para sa Diyos... Para sa Bayan... Para sa Bansang Pilipinas..."

Supersonics-Girls panalo sa Basketball laban sa Catbalogan, Leyte uusad sa

Nagtagumpay na masungkit ng kupunan nina Gwen Gale Acuin, Shallemar Mancol, Riza Cruda, at Anya Korin Tarrayo, mga kinatawan ng 3x3 Basketball Secondary Girls ng Calbayog City Division, ang pagkakataong makalaro sa huling laban para sa kampeyonato na gaganapin ngayong araw sa Tacloban Astrodome, April 26, 2023. Sila ay nasa ilalim ng pangangalaga ng kanilang coach na si Erma Salomon, guro ng Calbayog City NHS.

ang larong panlalaki gaya ng basketball, nang harapin nila nang walang katamlay-tamlay ang 2 naglalakasang koponan-Catbalogan at Leyte. Sa loob ng 10 minuto, tinambakan nila ang Catbalogan sa iskor na 28-18.

Sa ikalawang laro naman nila laban sa Leyte, bumira sila sa pag-dribol at pag-shoot ng bola, hanggang sa maselyuhan na nga nila ang naturang laban sa iskor na 18-11.

Bukas ay haharapin na nila ang matinding huling laro, laban sa Ormoc.



Kahapon, pinatunayan ng matatapang na kababaihang ito na kayang-kaya nilang ipanalo